



Contact Information

Title	Name	Contact Number
Race Director	Tommy McCague	0044 7594272132
Chief Commissaire	Aidan Higgins	0044 7921146522
Safety Organiser & Plan Preparation	Mark Skeath	086 8364949
Chief Marshal Co-ordinator	Glenn Campbell	087 6121177
Transport Co-ordinator / Signage	Val Mohan	086 8313086
Mobile First Aid	Bernice Fields	087 6644795
Red Cross Ambulance	Michael Kissane	087 9276512
Race Judge	Ian Barfoot	0044 7818542474
Race HQ	St. Oliver Plunkett Park, Emyvale, Co. Monaghan, H18 E838	
Finish Line	Glaslough Village	
Camera Finish Line	Ian Barfoot	0044 7818542474

Event Schedule

Key Information

Event date	3 rd September 2023
Max. number of riders	90
Sign-on time	09:00 – 09:45
Start Type	Rolling
	From football pitch to the bridge in Emyvale village
	(start neutralised through the village)
Start Location	St. Oliver Plunkett Park, Emyvale
Finish Location	Approach to Glaslough Village
Note	Unless we have 15 women or more, this race will
	start with A4's due to lack of numbers

Timetable

Start Time	Category	Distance (km)	Laps
10:00	A2	109.8	4.75
10:03	A1	109.8	4.75
10:05	A3	87.1	3.75
10:07	A4	63.9	2.75
10:07	Women	63.9	2.75

Points/Prizes/CI Points

Category	Points	Prizes	First Emyvale Rider Prize
A1/A2	1-10	First 6	
A3	1-10	First 6	
A4	1-8	First 6	G. Bell Trophy
Women	1-8	First 6	

Lead Car Information

A1 / A2		
Lead Car Commissaire	John McKenna	087 2420937
Commissaire Driver	Carl McElwaine	087 9082630
Commissaire	Aidan Higgins	0044 7921146522
Moto Marshal	Eddie McKenna	087 6816018

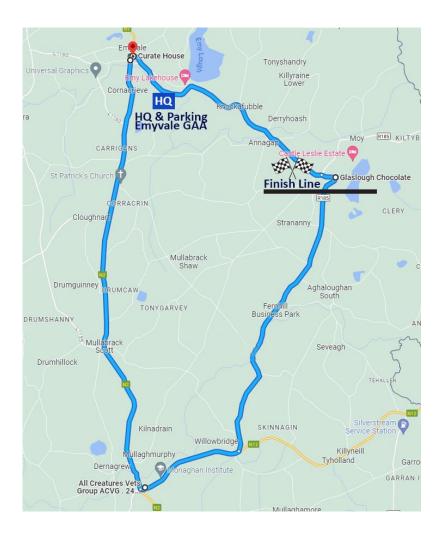
А3		
Lead Car Commissaire	Barry Murphy	086 6031556
Commissaire Driver	Darragh Coyle	087 2196128
Commissaire	Phil Dickenson	0044 7791983056
Moto Marshal	John Husband	085 1535013

A4 / Women		
Lead Car Commissaire	J.P Colton	0044 7570774034
Commissaire Driver	Gareth McKenna	086 3821855
Commissaire	Martin Montague	0044 7811375607
Moto Marshal	TBC	TBC

Risk Assessment

Risk Hazard	Mitigation Actions Taken To Reduce Risk	
Traffic Safety	Marshals, Signage, Event Warning, High-Vis Vehicles	
Not a lawful event		
Not a lawful event	Cycling Ireland Notified	
	Superintendent Garda Siochana Monaghan	
	Secretary Monaghan County Council notified in writing as per	
	section 74 Roads Act 1993	
Conflict with other events in locality	N/A; Nothing noted	
Residents unaware of event	Signage, 6 new warning signs placed on route Tuesday prior to	
	event. Notice on local radio of event.	
	Advise residents of need to keep dogs under control, leaflet	
	drop done in the area.	
Unexpected hazards such as roadwork's,	County Council notified	
adverse weather, etc.		
No route risk assessment carried out	Risk assessment completed	
Unexpected late hazards	Conduct route inspection on morning of event and implement	
	contingency plans if required	
General public unaware of event	Lead cars with flashing lights to all races	
	Warning signage at regular intervals along route	
	High-vis marshals along route and flags	
Start/Finish	Clearly identified start/finish area (flags)	
	Clearly marked finish line	
	Pedestrian barrier adjacent to finish line and toilet	
	Ensure access to allow lead cars get off road	
	4 x marshals present at end of each race	
	Lap counter and bell operative	
	Safe location for camera operative	
	Chequered flag operative	
	Loudspeaker operative	
	Parking only in designated areas	
First Aid/Medical Cover	First aid kit available	
Thist Alay Medical Cover	Civil Defence/Order of Malta assigned	
	Ensure all key personnel are aware of hospital services and	
	location	
Communications	Ensure all key personnel including ambulance service are	
	contactable by radio and/or cell phone.	
Accessibility	Ambulance service to be strategically positioned along route	
Competitor Safety	Signage/safety tape at finish line	
Participants not following route	Route map on display at sign-on area	
randspants not following foute	Directional arrows at key junctions	
	Contact number	
Dehydration/Exhaustion	Contact: Humber Contact: Fergus Murray 0866072996	
Injury as a result of crash	Risk assessment of route	
injury as a result of class	Compulsory helmets	
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Machanical Ducal de ····	First aid/medical support readily available	
Mechanical Breakdown	Provide mechanical support	
	Provide a contact number in case of difficulty	
Competitor not insured	Event to be sanctioned by Cycling Ireland	
	All competitors to sign-on	
Slips, Trips and Falls	Ensure sign-on area and refreshment area kept free of clutter	
Overcrowding at Start/Finish area	Pedestrian barrier in place	

Race Route



Race Rules / Hazards

- Neutralised section from HQ through the Emyvale Village
- Prizes for 1st six riders
- Only 3 team cars (team cars can share wheels)
- Finish line before village in Glaslough
- This race is run under the technical rules Cycling Ireland

ROADS ARE NOT CLOSED Stay on the correct side and obey marshals



Event Contacts

Race Director	Tommy McCague	0044 759427132
Starter – Call riders to start / riders briefing	Tommy McCague	0044 759427132
Sign on / licences	Yvonne Neeson / Martin Killoran	086 8273801 / 0879931319
Lap counter / bell	Paul Sanders	0044 7548220831
Finish line	Tommy McCague / Ian Barfoot	0044 759427132 / 00447818542474
Commissaire Driver A3	Darragh Coyle	087 2196128
Commissaire Driver A4 / Women	Gareth McKenna	086 3821855
Commissaire Driver A1 / A2	Carl McElwaine	087 9082630
Commissaire A4 / Women	Martin Montague	0044 7811375607
Commissaire A1 / A2	Aidan Higgins	0044 7921146522
Commissaire A3	Phil Dickenson	0044 7791983056
Moto Marshal A1 / A2	Eddie McKenna	087 6816018
Moto Marshal A3	John Husband	085 1535013
Moto Marshal A4 / Women	TBC	
Club co-ordinator / Safety Officer	Mark Skeath	086 8364949
Driver A1/A2 Lead Car	John McKenna	087 2420937
Driver A4 / Women Lead Car	J.P Colton	0044 7570774036
Head Marshal	Glenn Campbell	087 6121177
HQ Parking	Eugene O'Brien / Patrick Deery	086 1514280
Camera Finish	Ian Barfoot	0044 7818542474
	Hospital Information	
Local Hospital	Cavan General Hospital	049 4376000
Local Hospital	Craigavon General Hospital	0044 2838334444
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	Appendix 2	
	EVENT DETAILS RISK ASSESSMENT	
Name of Event:	Emyvale GP	
Event Organiser and Contact	Tommy McCague / tommymccague@gmail.com	
Event Safety and Contact Details:	Tommy McCague / tommymccague@gmail.com	
Event Date(s):	3rd September 2023	
Type of Event (road race, leisure,	Road Race	
downhill, etc.)		
Distance Event 1	110	
Distance Event 2	87	
Distance Event 3	63	
Distance Event 4	63	

Risk/Hazard	Measures to mitigate risk	Mitigating actions taken
TRAFFIC SAFETY CODE		
Relevant authorities to be notified - Garda, P.S.N.I., local authorities, landowners	Notify local authorities Garda, P.S.N.I.,landowners as appropriate	Garda notified
Conflict with other events in locality	Enquire with local authorities Arrange for additional cover as required through towns, junctions etc.	Local authorities and community contacted to see what other events may be in area on the day and make them aware of oure event
Residents unaware of event	Provide advance warning of event	Published on local media channels on social media and papers
Unexpected hazards (e.g. roadworks, adverse weather conditions etc.)	Arrange for roadworks to be rectified, alternative route Pre-race inspection and sweep hazardous loose debris Additional marshals	Race inspected in advance before finalising circuit
Risk/Hazard Assessment	Please complete	
General public unaware of event currently in progress	Lead car(s) with flashing lights Motorbike marshals Signage Marshals in place wearing vis vests	Lead car(s) with flashing lights Motorbike marshals Signage Marshals in place wearing vis vests
Start/finish area	Clearly defined start/finish areas Safe location for start/finish areas (on a straight section of road, good surface etc.) Adequate stewarding Parking restrictions Barriers as required Presentation podium placed so as not to present a traffic hazard	Start/finish area clearly marked and highlighted, marshals at start and finsih area

Off-road hazards	Use of netting, fluorescent paint (biodegradable), straw bales Marshals	
FIRST AID/MEDICAL COVI	ER	
First Aid/Medical Cover	 Appoint competent, and sufficient for size of event, first aid/medical personnel as required Advise local hospitals of event Ensure relevant contact numbers are to hand 	First Aid cover in place
Event Communication	Ensure all key marshals, Safety Officer and First Aid are contactable by radio and/or cell phone (see appendix 6)	All event volunteers have first aid and local hospital contact information
PARTICIPANTS		
Participants not following route	Route map available Directional arrows General awareness of route Provide a contact number in the event that participants are in difficulty	Road marked and map provided in race manual and event HQ
Dehydration/exhaustion	 Provide refreshment points Provide a contact number in the event that participants are in difficulty 	
Injuries resulting from crashes	Hazards reduced through route risk assessment Compulsory wearing of helmets Deployment of first aid/medical support Manage the traffic around the incident	Hazards reduced through risk assessment and first aid in place to mitigate against any injuries
Mechanical breakdowns	Provide mechanical support Provide a contact number in the event that participants are in difficulty	Back up vehicle available to collect and return riders to event HQ
Participants not insured	 All participants to 'sign-on' and purchase an EFL if not a member of Cycling Ireland 	All participants to 'sign-on' and purchase an EFL if not a member of Cycling Ireland
OTHER HAZARDS		
Scalding from hot water	Hot water to be kept in a segregated area, canteen personnel to exercise caution	
Slips, trips and falls	All areas to be kept free of clutter Adequate number of refuse bins	
Use of generator - manual handling, fire, noise	Competent, trained personnel only to operate diesel only generator Barrier around generator Generator inspected periodically Caution exercised when filling with fuel - gloves worn, in well-ventilated area Fire-fighting instructions provided along with fire- fighting material Noise kept to a minimum	
Overcrowding	Ensure there are adequate number of marshals	